



'Coughs and sneezes spread diseases'



**Everyone knew that
there was a virus making people
ill.**

**Children knew that people all
around the world were told to
stay indoors.**

**It made them sad, but what could
they do?**



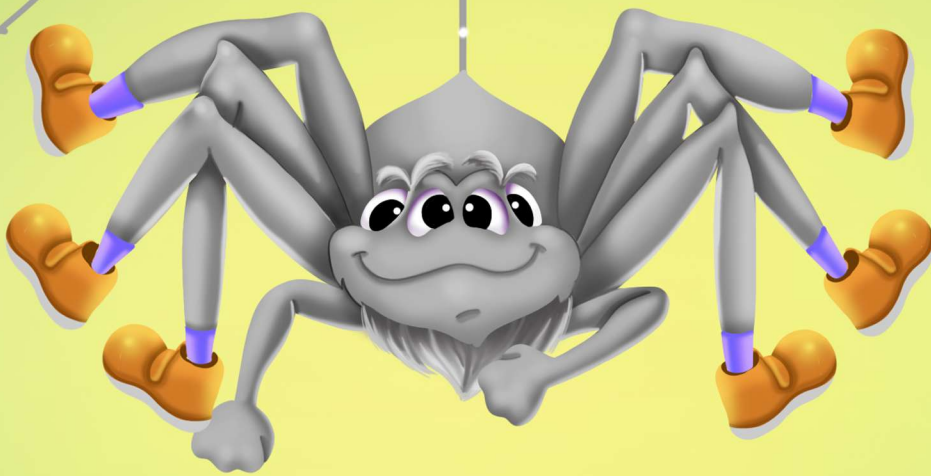
They looked at news stories and saw that many of the smartest leaders in the world were giving advice.



The President of France said that everyone should catch their sneezes in a tissue and put it in the bin.

Eddie the Elephant agreed, because his long trunk meant that his sneezes were always big!





The leader of China said if you don't have a tissue you should sneeze into your elbow.

Sidney the Spider has 8 elbows so he liked that idea!

**The Prime Minister of the UK
had a rhyme that he repeated to
make sure everyone washed their
hands properly.**

**Peggy the Parrot likes to repeat
things, so she thought that
idea was the best.**



A cartoon green chameleon with blue spots is climbing a tree trunk. The chameleon has large, expressive eyes and a wide, open mouth showing its tongue. It is clinging to the tree with its front and back legs. The background is a soft, out-of-focus green and yellow, suggesting a forest setting.

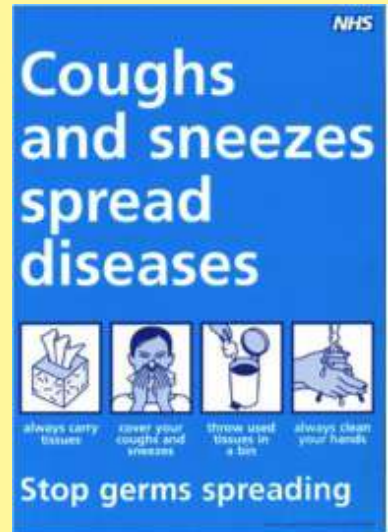
**The Chancellor of
Germany gave advice
to the young and old.**

**Charlie the Chameleon
thought this was best
as he pretended to be
young AND old.**

Eddie the Elephant was old and he remembered how people coped with viruses and illnesses in the past.

**He said
“Coughs and sneezes spread diseases”**





The children checked and found old posters with the same advice! They thought this was comforting.



They added their own advice to make a rhyme.



“Coughs and sneezes spread diseases”

How will we all cope?

**Catch your sneeze inside a sleeve,
and wash your hands with soap.**



**Can you make up a better
rhyme?**



**If you are at home
with children and you want
some activities to pass the time
go to**

www.simplyseriousstories.com

**and download free games for
children.**